

# Transition To College Practice Resources for Practitioners

AACAP Moving Into Adulthood – Resource Center -

[https://www.aacap.org/AACAP/Families\\_Youth/Resource\\_Centers/AACAP/Families\\_and\\_Youth/Resource\\_Centers/Moving\\_Into\\_Adulthood\\_Resource\\_Center/Home.aspx](https://www.aacap.org/AACAP/Families_Youth/Resource_Centers/AACAP/Families_and_Youth/Resource_Centers/Moving_Into_Adulthood_Resource_Center/Home.aspx)

- College Readiness Assessment and Plan- (a thorough checklist of skills and goals)
  - [https://www.aacap.org/app\\_themes/aacap/docs/families\\_and\\_youth/Readiness\\_Assessment\\_Action\\_Plan\\_College.pdf](https://www.aacap.org/app_themes/aacap/docs/families_and_youth/Readiness_Assessment_Action_Plan_College.pdf)
- Medical Care Transition guide
  - [www.gottransition.org](http://www.gottransition.org)
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    - Comprehensive pediatric to adult healthcare transition resource including readiness assessments.
  - ❖ [Health Care Transition Readiness Assessment for Students](#)
    - <https://gottransition.org/resource/tra-iep-english>
    - also
      - <https://gottransition.org/resource/?hct-family-toolkit>
      - <https://gottransition.org/6ce/?leaving-readiness-assessment-youth>
- Martel A, Derenne J, and Leebens PK (Eds.) 2018. *Promoting Safe and Effective Transitions to College Mental Health Services: A Case Based Guide to Best Practices*. Springer Nature.
- <https://childmind.org/topics/teens-young-adults/#College>
  - Several resources and pamphlets for patients, families and practitioners

