

# Transition to College

## Some Resources for Families

- **AACAP Facts for Families & Resource Guides:** <https://www.aacap.org/> >Families and Youth Tab>Facts for Families. (Many pamphlets for parents and patients)
- Starting College With A Psychiatric Illness [https://www.aacap.org/AACAP/Families\\_and\\_Youth/Facts\\_for\\_Families/FFF-Guide/Starting-College-with-a-Psychiatric-Illness-115.aspx](https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Starting-College-with-a-Psychiatric-Illness-115.aspx)
  - Transitioning from High School to College with a Psychiatric Illness, [https://www.aacap.org/AACAP/Families\\_and\\_Youth/Facts\\_for\\_Families/FFF-Guide/Transitioning-From-High-School-to-College-With-A-Psychiatric-Illness-Preparation-114.aspx](https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Transitioning-From-High-School-to-College-With-A-Psychiatric-Illness-Preparation-114.aspx)
  - College Students with ADHD
- **Child Mind** <https://childmind.org/topics/college/>
  - Several Guides on Preparing for and going to college with mental health issues.
- **Autism Self Advocacy Network**, <https://autisticadvocacy.org>
- **Autism Speaks:** [www.autismspeaks.org](http://www.autismspeaks.org)
  - <https://www.autismspeaks.org/tool-kit/transition-tool-kit>
- **PACER: National Parent Center on Transition and Employment**
  - <https://www.pacer.org/transition>
- **Set To Go. Preparing For Life After High School.** Jed Foundation Resource Center ( Other mental health and college life in resource section)
  - <https://jedfoundation.org/preparing-for-life-after-high-school/>
- **Center for Connected Health Policy Finding Tool: Tool to look up federal and state telehealth and prescribing policies**
  - <https://www.cchpca.org/all-telehealth-policies/>
- **Got Transition-** Guides for Youth and Caregivers about healthcare transition  
<https://www.gottransition.org/resource/?hct-and-college-years>

### Books & Guides

- **Navigating College: A Handbook for Self Advocacy for Autistic Adults** By Autistic Adults, The Autistic Press, 2013
- **Taking Flight: The Guide for College for Diverse Learners and Non-Traditional Learners.** Perry LaRoque, PhD. Morgan James Publishing, 2020
- **Finding Your way: A College Guide for Students on the Spectrum**
  - <https://researchautism.org/product/finding-your-way-a-college-guide-for-students>

