

# Services and Supports for HUSKY Health Youth with an Autism Spectrum Disorder

# Agenda

**1**

The CT Behavioral Health Partnership

**2**

Carelon BH CT/CTBHP Care Coordination and Peer Support Services

**3**

Navigating Behavioral Health Services

**4**

State Plan Services for HUSKY Health Members with an Autism Spectrum Disorder

**5**

Questions

# Learning Objectives

1

Carelon Care Coordination for HUSKY ASD Health Members

---

2

Navigating Behavioral Support Services

---

3

Authorized Services for HUSKY Health ASD Members

---

Chapter

# 01



# The CT Behavioral Health Partnership (CT BHP)

# The CT Behavioral Health Partnership (CT BHP)

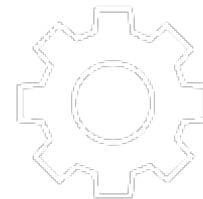


The CT Behavioral Health Partnership (CT BHP) is a partnership among:

- Department of Social Services (DSS),
- Department of Children and Families (DCF),
- Department of Mental Health and Addiction Services (DMHAS).

**Carelon BH CT** serves as the Partnership's Administrative Service Organization (ASO).

- In addition, we work closely with the Department of Developmental Services (DDS).



# Carelon BH CT: At A Glance



**975,000+ Covered Lives**

## Contract:

Administrative Services Only

## Unique Features:

- Innovative analytic capacity with deep quality and reporting resources
- Innovative clinical programs
- No claims payment
- Foreign Network that we “co-manage”

## Geography:

Statewide

## Covered Services:

Management of full continuum of services covered under Medicaid as well as grant-funded community services via DCF, including management of:

- **For Youth:** DCF residential care, intensive home-based services, PRTF, child state inpatient care, autism services, Solnit QM
- **For Adults:** Outpatient, Inpatient, IOP/PHP, Detox (Withdrawal Management)

## CT Child and Family Division

***Serves all children & families in CT regardless of insurance***

**Contracts:** Direct to State; Served approx 9,450 in FY 2022

## Program Offerings:

- **ACCESS Mental Health:** Psychiatric consultative support for providers of youth to age 22 and perinatal moms.
- **CT Network of Care Transformation (CONNECT)** grant to bridge gaps in service/support integrated system of care.
- **Intensive Care Coordination** helps families/youth through age 18 with complex BH challenges at risk of congregate care to remain in their homes and communities.
- **Integrated Family Care & Support** connects high need families (unsubstantiated after DCF Care Line referral) to needed services via modified Wraparound approach.
- **Voluntary Care Management** connects children and youth to high needs BH services that they have had difficulty accessing.





CTBHP Youth Coordination Programs

Program Name	Program Description	Eligibility	CTBHP Referral Contact
<p><b>Intensive Care Management (ICM)</b></p>	<p>The ICM Program is designed to assist children and families with complex behavioral health needs facing barriers to stabilization and/or accessing clinical services.            Intensive Care Managers are Licensed Clinicians who partner with state agencies, hospitals, emergency departments and facilities to help members access and coordinate timely, appropriate clinical and discharge service(s).</p>	<p>Medicaid Insured. Youth through age 18.            -Youth with severe, persistent and complex behavioral health needs with frequent utilization of the emergency department and/or inpatient hospital.            -Children who are facing barriers to discharge in an emergency department.            -Youth admitted to a Solnit or PRTF facility.            -Children admitted to an out of state hospital or ED for behavioral health reasons.            -Youth experiencing barriers to discharge from an inpatient psychiatric unit.            -Children with complex state agency involvement requiring support.</p>	<p>Christa Mullen, LPC ICM Supervisor            Cell: 860-227-9319            christa.mullen@carelon.com</p>
<p><b>Autism Spectrum Disorders Program (ASD)</b></p>	<p>Program is specific to Autism Spectrum Disorder (ASD) services. Clinical Care Managers are Licensed Clinicians who provide authorizations for in-home Applied Behavioral Health Analysis (ABA) services.            Care Coordinators and Peers provide individual and family supports to ensure members are connected to community providers for in-home ABA services and resources.            Care Coordinators and Peers help family gather documentation to confirm eligibility for ASD program. Support families and member facing barriers to coordination of care specific to ABA services.</p>	<p>Members with HUSKY A, C, and D under the age of 21 can receive evaluation, behavior assessment and treatment services.            -An Autism Diagnostic Evaluation (ADE) demonstrating the assessment tools used resulting in a diagnosis of Autism Spectrum Disorder (ADOS, ADI-R, CARS, GARS) completed by Licensed Clinician, MD, APRN or Licensed Psychologist is required.            -If the ADE was completed more than a year ago, a letter by the current treating provider is required to support an ASD diagnosis.            -Release of Information for all providers is required.            -Any HUSKY member diagnosed with autism or seeking an autism evaluation is eligible to receive support from an ASD Care Coordinator or Peer.</p>	<p>Jennifer Krom, LPC ASD Program Director            Cell: 860-227-6737            Jennifer.Krom@carelon.com</p>
<p><b>Family Peer Specialists</b></p>	<p>Family Peer Support Specialists provide direct non-clinical support and assistance to children and families/guardians. These include helping them to:            -Connect with community resources.            -Find traditional and non-traditional services.            -Work with providers to develop treatment and discharge plans.            -Gain education, tools, and feedback to support member's recovery.            -Advocate for member's own care            -transition from a hospital stay or other levels of care, such as Partial Hospitalization Program (PHP), residential care or detox.</p>	<p>Medicaid Insured. Youth through age 18.            Eligible members and their families in need of support in one or more of the following areas:            -Managing family relationships.            -Finding community and social supports.            -Locating non-traditional services.</p>	<p>To make a referral call: 1-877-552-8247            Felicia Goodwine, Director of Peer Services            Cell: 475-261-5571            felicia.goodwine@carelon.com.com</p>

# History of the ASD Team at Carelon BH CT

- Effective January 1, 2015, the **Department of Social Services expanded its coverage of Autism Spectrum Disorder (ASD) evaluation and treatment services** for HUSKY Health members (HUSKY A, C, or D) under the age of 21 for whom ASD services are medically necessary.
- Effective July 1, 2016, Carelon BH CT assumed the responsibility of **qualifying Autism Spectrum Disorder (ASD) providers** who wish to enroll in the Medicaid Program to provide services under the State Plan.



Chapter

# 02



# Autism Care Coordination and Peer Support Services

# ASD Care Coordinators & Peer Specialists



## Care Coordinator Regional Assignments:

**Team Lead:** Jessica Sachse (Hospital for Special Care – Autism Inpatient Unit)

**Region 1:** Team

**Region 2:** Sarah Gaj

**Region 3:** Sandi Ciarcello

**Region 4:** Sarah Gonzalez

**Region 5:** Kelly Beik

**Region 6:** Aimee Gelinas

**Triage Care Coordinator:** Jill Benn

**Referral Care Coordinator:** Sarah Gonzalez

# Carelon BH CT ASD Care Coordinators & Peer Specialists

- Available to HUSKY Health eligible individuals **regardless** of HUSKY benefit package or age.
- May be utilized to guide families through the process of accessing Medicaid funded ASD services and/or other community-based services.
- Care Coordinators and Peer Specialists are regionally assigned and have experience navigating the system.
- Are trained in Wraparound Care Coordination for those families who require a higher level of support.

# Making a Referral for Care Coordination

**Call CT Behavioral Health Partnership:**

1-877-552-8247 Fax: 1-855-901-2493

**Email:**

[CTBHPASD@carelon.com](mailto:CTBHPASD@carelon.com)

- Include a Release of Information and Autism Diagnostic Evaluation Report  
[English](#) or [Spanish](#)
- Name of person to contact as well as their phone number or email

**Member Related Materials:**

[Autism Spectrum Disorder \(ASD\)](#)

**List of ASD Medicaid Enrolled Providers:**

[ASD Provider Map | Tableau Public](#)

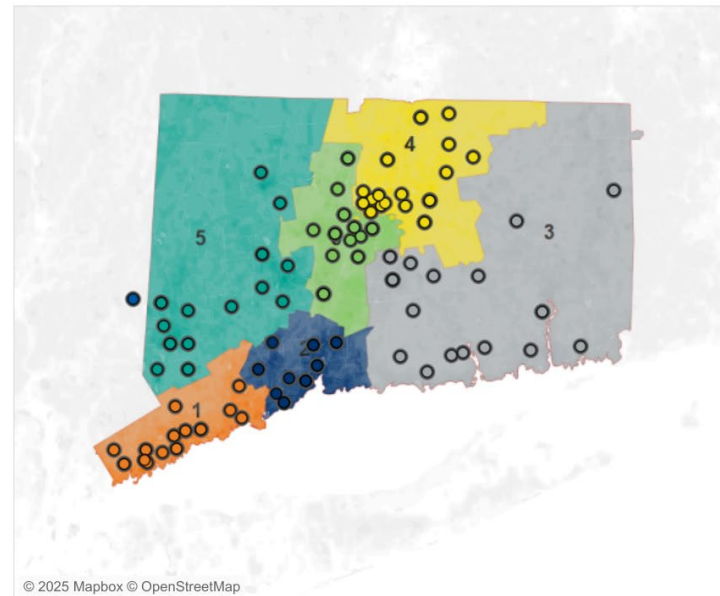
# Map of ASD Medicaid Enrolled Providers:

Search for an ASD Provider by language, services and location

Printable table of ASD provider listings.

[ASD Provider Map | Tableau Public](#)

## Autism Spectrum Disorder (ASD) Provider Map



Bilingual Staff And Language  
All

Diagnostic Evaluation  
All

Behavior Assessment, Treatment Plan & Direct Intervention  
All

Service Location  
All

- Region 1
- Region 2
- Region 3
- Region 4
- Region 5
- Region 6
- Out of State

For more resources, please click the Home button below or call 877-552-8247



For additional questions, email the ASD Department by clicking the envelope below:



Data Last Updated 3/7/2025 // Philip Terio



# List of ASD Medicaid Enrolled Providers:

[ASD Provider Map | Tableau Public](#)

Search for an ASD Provider by language, services and location

Printable table of ASD provider listings.

Agency Name	DCF Region	Affiliated Qualified Provider	Contact Information	Diagnostic Evaluation	Behavior Assessment	Agency Name	
All	All	All	All	All	All	All	
<b>A Behavioral Approach, LLC</b>	Region 3	Amanda King, BCBA	4 Laconia Drive	860-326-9711	Service Not Provided	Service Provided	<b>A Behavior..</b>
		Emily Debacher, BCBA	4 Laconia Drive	860-326-9711	Service Not Provided	Service Provided	<b>A Behavior..</b>
		Monica L. Santos, BCBA	4 Laconia Drive	860-326-9711	Service Not Provided	Service Provided	<b>A Behavior..</b>
		Taylor Brinker, BCBA	4 Laconia Drive	860-326-9711	Service Not Provided	Service Provided	<b>A Behavior..</b>
<b>A Brand New Day ABA Services, LLC</b>	Region 4	Abigail Holt, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Alexandra Thiel, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Alexandria Rivard, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Alleah Bryant-Brockenberry, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Anna Thompson, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Brianna Etter-Speaker, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Dorene Zhulkovsky, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Erin Oliver, LPC	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Kaela Brizuela, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Katherine Skempris, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Kayla Nascimento, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Lily Veretto, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Marisa Geddes, M.S., BCBA, LBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Melissa Hall, BCBA/LBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Nicole Marques, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Orlian Senior, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
Richard Brito, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>		
Sadia Yassen, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>		
Sydney Mandeville, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>		
Valerie Reyes, BCBA	6 Poquonock Avenue, Suite 11	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>		
	Region 6	Abigail Holt, BCBA	1842 Meriden-Waterbuy Turnpike	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Alexandra Thiel, BCBA	1842 Meriden-Waterbuy Turnpike	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Alexandria Rivard, BCBA	1842 Meriden-Waterbuy Turnpike	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Alleah Bryant-Brockenberry, BCBA	1842 Meriden-Waterbuy Turnpike	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Anna Thompson, BCBA	1842 Meriden-Waterbuy Turnpike	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Brianna Etter-Speaker, BCBA	1842 Meriden-Waterbuy Turnpike	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Dorene Zhulkovsky, BCBA	1842 Meriden-Waterbuy Turnpike	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Erin Oliver, LPC	1842 Meriden-Waterbuy Turnpike	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>
		Kaela Brizuela, BCBA	1842 Meriden-Waterbuy Turnpike	203-313-5537	Service Not Provided	Service Provided	<b>A Brand Ne..</b>

Chapter

# 03

## Navigating Behavioral Services



# Navigating Connection to Care: Step-By-Step

## Step

### Diagnostic Evaluation

- Medical Evaluation
- Standardized Testing tools
- Autism Diagnostic Testing
- Adaptive Functioning Evaluation
- Completed by licensed clinician

### Behavior Assessment

Determines the reasons or functions of the behavior and the factors that maintain it.

### Treatment Plan

- Identifies and defines behaviors
- Outlines measurable, observable goals for behaviors to decrease and skills to increase

### Direct Intervention



**ALWAYS**  
Ask for a copy of the report

Required to access insurance based or state-funded services

- ASK QUESTIONS
- Direct observations in multiple locations
- Provider should review consents to assess and treat, HIPAA requirements and releases of information and request guardian signature
- Final Plan should be reviewed and signed off indicating you, the guardian understand and agree

- The information in this plan is used to inform the number of clinical hours recommended for treatment and supports the medical necessity for the intervention
- Final Plan should be reviewed and signed off indicating you, the guardian, understand and agree



# Navigating Connection to Care: Direct Treatment

## Direct Intervention

- Can be delivered 1:1 or in a group setting
- In-home
- In-community
- Follows the treatment plan developed by BCBA which outlines measurable and observable goals
- Data-driven

## Goals

- To transfer skills to family/caregivers
- To decrease interfering behaviors
- To increase skill acquisition

## Clinical Oversight

“The amount of supervision for each case must be responsive to individual client needs... [The] ratio of case supervision hours to direct treatment hours reflects the complexity of the client’s ASD symptoms and the responsive, individualized, data-based decision-making which characterizes [behavioral] treatment.”

Clarifications ASD Practice Guidelines 2nd

Chapter

# 04

## State Plan Services for HUSKY Health Members with an Autism Spectrum Disorder



# The ASD Clinical Team

## Provider Support

- Director of Autism Services – Jennifer Krom
- Provider Network Developer – Erica Gittleman

## Utilization Management - Youth Mental Health Team

- Supervisor – Erica Carr
- Clinical Care Managers – Kim Marko, Gillian Stein, Mandy Weber
- Support from the rest of the Youth Mental Health Team

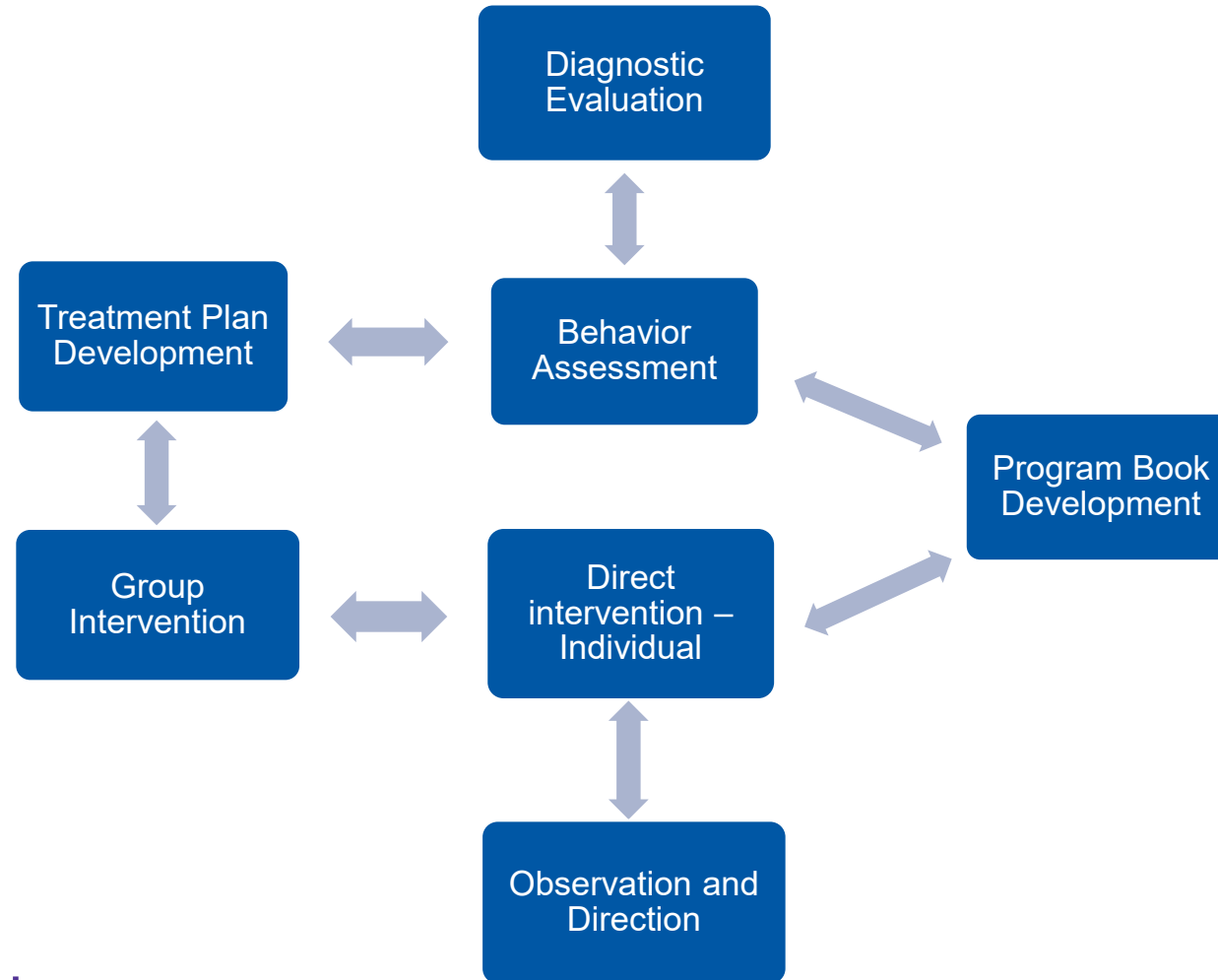
# State Plan Autism Spectrum Disorder Services (ASD) Authorized by Carelon Behavioral Health

- Available to Medicaid-eligible individuals under the age of 21 with HUSKY A, C or D
- May not duplicate services through the school



# ASD Services Covered Under State Plan Services

Behavioral treatment services include:





# Resources

- Autism Services and Resources, CT (ASRC) [Resources – ASRC @ Clifford Beers](#)
- Autism Speaks
- FAVOR

# How to Access Services or Supports in CT

## CT Behavioral Health Partnership:

 1-877-552-8247 Fax: 1-855-901-2493  CTBHP@carelon.com

 [www.ctbhp.com](http://www.ctbhp.com)

Autism services link on CTBHP website <https://www.ctbhp.com/autism-spectrum-disorder-asd/>

CT Behavioral Health Partnership: <http://www.ctbhp.com>

Department of Social Services: <http://www.ct.gov/dss>

Department of Children & Families: <http://www.ct.gov/dcf>

Department of Mental Health & Addiction Services: <http://www.ct.gov/dmhas>

Department of Developmental Services: <http://www.ct.gov/dds>

# Questions?

